

THE CRUSADE OF HEALING LOVE

NOW - 2020

© Denise Kelly (21st March 2020).

**LET US BE LIVING EXAMPLES OF FAITH, HOPE AND LOVE IN THE
POWER OF JESUS' BLOOD TO HEAL AND SAVE US AND
OUR WOUNDED WORLD.**

JESUS SPEAKS TO OUR HEART (March 2020):

O, My little ones, like lost lambs without a family! Your Heavenly Family is here to look after you. You all have a Heavenly Father and Mother, a Big Brother Jesus and His Holy Spirit. All is well, even though you are in the midst of the sufferings of your own Calvary just like your Jesus went through 2,000 years ago! What is at stake here? You are spiritual beings with a body.

Tripartite Beings with a body, soul and spirit! Listen to what Paul said in his letter to the Thessalonians 5:23 in your Bible.

And may the God of peace Himself sanctify you in all things; that your whole spirit, and soul, and body, may be preserved blameless in the coming of our Lord Jesus Christ. (1 Thessalonians 5:23DR).

Now is the time to learn from your Heavenly Family - Truths which are eternal.

And the Lord God said to the serpent (Genesis 3:14):

I will put enmities between thee and the woman, and thy seed and her seed: she shall crush thy head, and thou shall lie in wait for her heel (Genesis 3:15).

**JESUS: You are being called to be the seed of the
Woman of Genesis 3:15.**

You are living in a war zone. The evil one hates you and wants to see your destruction, as well as the destruction of your planet, your world as you know it! It is changing. What does a little child do when afraid? Holds onto the hand of Father, Mother, Big Brother Jesus in the power of the Holy Spirit's love.

Peace I leave with you, my peace I give unto you: not as the world gives, do I give unto you. Let not your heart be troubled, nor let it be afraid (John14:27).

*I, your Jesus Christ, Who died on the Cross on Calvary for your salvation is with you now through it all. Through the drought, the fires, the firestorms, the floods, the Coronavirus (COVID19). **Because you are an Australian, I am speaking specifically to all Australians. These are wake-up calls to help you put your mind on spiritual matters.***

But I want to speak to the whole world through your broken heart. You are in a heart-wrenching situation in which you can see your way of life changing, perhaps forever. Wars are like that! Their agenda is to destroy, to change hearts and minds, to add fear to your lives already on edge with what is happening in nature.

Let Me take you to Calvary 2,000 years ago.

Now there stood by the cross of Jesus, His Mother, and His Mother's sister, Mary of Cleophas, and Mary Magdalen. When Jesus therefore has seen His Mother and the disciple standing whom He loved, He said to His Mother: Woman, behold thy son. After that, He said to the disciple: Behold thy Mother. And from that hour, the disciple took her to his own (John 19:25-27).

Nature was greatly disturbed by your Jesus writhing in agony on the Cross on Calvary. My Blood flowed copiously and poured out over My Cross as the sky darkened, the wind blew, rocks were rent apart by earthquakes, bodies came up out of their tombs and walked the city of Jerusalem. The veil in the Temple of Jerusalem was rent. Why? Because this was the time for the New Covenant! Sealed in My Blood! The Last Covenant between God and mankind as the New and Everlasting Covenant, in which Our Heavenly Father promised salvation for all of you who want to spend eternity in His Heavenly Kingdom, Paradise!

And it was almost the sixth hour (midday): and there was darkness over all the earth until the ninth hour (3pm). And the sun was darkened, and the veil of the temple was rent in the midst. And Jesus crying with a loud voice, said: Father, into your hands I commend my spirit. And saying this, he gave up the ghost. Now the centurion, seeing what was done, glorified God saying: Indeed this was a just man (Luke 23:44-47).

And Jesus again crying with a loud voice, yielded up the ghost. And behold the veil of the temple was rent in two from the top even to the bottom, and the earth quaked, and the rocks were rent. And the graves were opened: and many bodies of the saints that had slept arose, and coming out of the tombs after his resurrection, came into the holy city, and appeared to many. Now the centurion and they that were with him watching Jesus, having seen the earthquake, and the things that were done, were sore afraid, saying: Indeed this was the Son of God (Matthew 27:50-54).

JESUS: *But you are at war with the evil forces, demons, the fallen angels who have already lost their right to Paradise through their own disobedience against God's laws and the laws of nature.*

And there was a great battle in heaven, Michael and his angels fought with the dragon, and the dragon fought and his angels: and they prevailed not, neither was their place found any more in heaven. And that great dragon was cast out, that old serpent, who is called the devil and Satan, who seduces the whole world; and he was cast unto the earth, and his angels were thrown down with him (Revelation 12:7-9).

And they overcame him by the Blood of the Lamb, and by the word of the testimony, and they loved not their lives unto death (Revelation 12:11).

Try to think of Calvary. Who was with Me at the foot of the Cross?

Now there stood by the Cross of Jesus, His Mother, and His Mother's sister, Mary of Cleophas, and Mary Magdalen (John 19:25).

My Mother Mary never left Me. *She looked after Me all My life, washing, cooking, cleaning, teaching Me with the help of Joseph, her earthly Spouse.*

But while he thought on these things, behold the angel of the Lord appeared to him in his sleep, saying: Joseph, son of David, fear not to take unto thee Mary thy wife, for that which is conceived in her, is of the Holy Ghost. And she shall bring forth a son: and thou shall call his name Jesus. For he shall save his people from their sins. Now all this was done that it might be fulfilled which the Lord spoke by the prophet, saying: Behold a virgin shall be with child, and bring forth a son, and they shall call his name Emmanuel, which being interpreted is, God with us (Matthew 1:20-23).

This was our purpose in life – to give Jesus an earthly home. What is your purpose in life? This is what your Jesus wants of you:

Only this, to do what is right, to love loyalty and to walk humbly with your God (Micah 6:8NJB).

To walk justly with Me, your Jesus, through the Sacred Way of Isaiah.

And a path and a way shall be there, and it shall be called the holy way: the unclean shall not pass over it, and this shall be unto you a straight way, so that fools shall not err therein. No lion shall be there, nor shall any mischievous beast go up by it, nor be found there: but they shall walk there that shall be delivered. And the redeemed of the Lord shall return, and shall come into Sion with praise, and everlasting joy shall be upon their heads: they shall obtain joy and gladness, and sorrow and mourning shall flee away (Isaiah 35:8-10).

Once you understand, even a little, how much your Heavenly Family loves you and wants your safety, your happiness, yourselves living with us in Paradise, you will know that life on earth is passing. (“We are but travelers here” as Saint Mary of the Cross MacKillop said).

*When your Jesus was dying on the Cross, He gave you His Mother Mary to be your Mother too (cf **Behold your Mother**, John 19:27). Everyone needs a Mother. Look at God’s creatures; all need a family with a Father and a Mother.*

SO BE WITH MARY AT THE FOOT OF THE CROSS.

*How to do this when Calvary was 2000 years ago? Give her your life to give to Me now. Then you will find meaning in life, purpose in life, a reason for belonging to Me, Who died an ignominious death on the Cross of Calvary for love of you. Now when you give Mother Mary your life, death and eternity, she takes you by the hand and gives you to Me, her Saviour Son. You will begin with the help of the Holy Spirit Who envelopes you in His burning flame of love, to know and love your Jesus Who waits for your coming home to Him. Remember as you live, so you die. So don’t wait until your death before you come to Me. **I wait for you now!** God has given you Two Gardeners of your soul, the Holy Spirit and Mother Mary, to walk you to Me Who waits day and night for you to love Me.*

I thirst! (cf John19:28) was My cry on the Cross of Calvary. I want you and I love you. My Heart breaks open for you to come to Me. Your love coming to My love and meeting in a Mother's Heart deeply lacerated with love for you all – the inhabitants of the whole world.

Never before has it been so necessary for you to understand the seriousness of the times in which you are living. (Please read/study Our Lady of Fatima's message of 1917 in my books on the website www.healingloveatwork.org).

I told you before that this is war. You are living in a war zone and the battle is between the Woman of Genesis 3:15 and the evil one.

Know for sure that the devil, the evil one, wants you to miss out on living forever with Me and your Heavenly Family in Paradise. He has missed out and that was of his own volition. He disobeyed God's will and plan for the salvation of souls. The evil one declared to God that he would not serve Him Who is Almighty and All Powerful. The evil one made his choice. He doesn't want you to be with your Heavenly Family now or after your death. So know that this is the reason for God's wake-up calls to know, love and serve your Jesus, your Saviour, your Redeemer while you live on earth.

I am with you. I don't want to see your destruction. These changes in your life will bring about new thinking, new faith, new hope, new love for your Triune God, Father, Son and Holy Spirit, in your hearts and minds. Seek Me in your days and nights with the help of the true Church of Jesus Christ – the Catholic Church – which is now undergoing its own cleansing.

Make sure that you accept Me as your loving dear Saviour in life. Read about My Passion in the Words of the Bible, which are the Words of Life. Go to Church, or if you can't because they're closed, spend time with Me in your own private soul and heart and mind (**The Healing Hour** as described in **Joseph's Little Book of Prayer, Denise Kelly, 2007, pages 33 – 52**).

Discover the beauty of My love and be happy because of My love. I have to tell you that all is well. That I will never forsake you! I will not leave you orphans.

I will not leave you orphans. I will come to you (John 14:18).

I love you and this means I am looking after you while you live on earth amidst the fear, hatred, unforgiveness, hurt, and sufferings of your world.

Say to yourself: All is well, because Jesus loves me.
Amen.

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I submitted the following question and Our Lord Jesus' reply dated 17th April 2003 to my Spiritual Director, a Priest of a Religious Order for over 50 years, for his discernment. His reply was: "I accept. I believe".

**MY DEAR JESUS, PLEASE TELL US ABOUT THE POWER OF YOUR
BLOOD TO HEAL AND SAVE US AND
OUR WOUNDED WORLD.**

*JESUS: (17 April 2003) Now about the power of My Healing Love, My Blood, My merciful love to heal and save you and your wounded world. **It has already begun – the victory of My Blood, My Healing Love through Mary's Immaculate Heart.***

JESUS: You are living in exciting times in which you will see very soon the sign of My Cross, symbol of My sacrifice on Calvary, in the skies.

- *All countries of the world will see My Cross with Mother standing beneath it.*
- *Souls will be made aware of the contribution of My Mother to My sacrifice on Calvary.*
- *Souls and hearts will fill up with My Healing Love as they watch in wonder the sacrifice on Calvary unfold before their very eyes.*
- *The Holy Spirit will ignite in each heart the yearning for their Saviour's love.*
- *Each heart will long for My Healing Love and open up their heart to receive God the Father's gift of His Son's Blood to all mankind.*

- *You will realize and understand that this sacrifice on Calvary opened up the way for mankind to be saved and healed with your Saviour's Blood.*
- *You will begin to understand and realize Mary's important role in God's plan of salvation.*
- *The Holy Spirit will reveal to each heart this great mystery of love in accordance with their degree of surrender to Me through Mary's Immaculate Heart.*

That is why we ask for your help now, in order to prepare hearts for the holy reception of the power of My Blood to heal and save and to renew each individual heart and soul, mind and entire being.

But as always, this is conditional on people's personal response to God's will and love in their life.

The Holy Spirit and Mary are now longing and hoping for each heart and soul to open up like a flower in the springtime to My Healing Love. Cooperate with them by revealing to them now the power of My Blood to heal and save each one of you, God's People of Love.

(How do we prepare for your Healing Love, O Lord Jesus Christ?)

- **JESUS:** *Ask the help of Jesus and the Holy Spirit.*
- *Borrow Mother's Heart to love and listen with, to show compassion with, to hurry to the aid of broken humanity wounded through and through by the barbs and hatred of Satan.*
- *Become all love as you sit on Mother's lap, the Seat of Wisdom.*
- *She and the Holy Spirit will help you to become all love by leading you to Me, your Saviour and Redeemer, in the Sacraments of the Church, especially Confession and Holy Communion. These Sacraments heal you with the Blood of your Christ, as well as the love of the Holy Spirit.*

- *Indeed you become wounded with love like Our Lady when you open up your heart and mind to My Healing Love found in the Sacraments of the Church.*
- *Teach people about my Healing Love as outlined in your books.*
- *Follow up your talks with the laying on of hands as I have taught you with the words: **Come Holy Spirit! In the Name of Jesus be healed!***
- *My power will pour forth in abundance on the hearts of all those who are open to My Healing Love.*
- ***Faith in the power of My Healing Love, My Blood is so important. Read the Gospels about faith and you will see that this is the essential ingredient for healing, accompanied by hope in the power of My Blood to heal and save.** In this way their love will expand and their heart will open like flowers in the springtime, in order to receive My Healing Love, healing balm to their open wounds and running sores inflicted by Satan and his cohorts.*

And coming into his own country, he taught them in their synagogues, so that they wondered and said: How came this man by this wisdom and miracles? Is not this the carpenter's son? Is not his Mother called Mary, and his brethren James, and Joseph, and Simon and Jude: And his sisters, are they not all with us? Whence therefore hath he all these things? And they were scandalized in his regard. But Jesus said to them: A prophet is not without honour, save in his own country, and in his own house. And he wrought not many miracles there, because of their unbelief (Matthew 13:54-58).

And as Jesus passed from thence, there followed him two blind men crying out and saying, Have mercy on us, O Son of David. And when he was come to the house, the blind men, came to him. And Jesus said to them, Do you believe, that I can do this unto you? They say to him, Yea, Lord. Then he touched their eyes, saying, According to your faith, be it done unto you (Matthew 9:27-29).

- *Try to have Priests present for Confession. Invite people to go to Confession after you have extended your hands on them. **Your Crusade of Healing Love** will now incorporate this gesture of love on your part; that is the laying on of hands individually if numbers are small, or a general laying on of hands if numbers are too huge to cope with. I will send you Priests. So don't forget! **Your Crusade of Healing Love** will now include this gesture of mercy of yours. I wish to heal people through your words, your breath and through your hands, as I did Myself when I walked the earth.*
- *Now I live within you, carried within you through your worthy reception of My Body and Blood in Holy Communion. Go to Confession and receive My*

Healing Love. Help others to discover the wonderful graces and blessings, the treasury of God's graces and Healing Love in the Confessional. Encourage them to receive these benefits of My Healing Love, won for them through My death agonies and spilling of Blood especially for them on the Cross. Mary was a witness to this wonderful outpouring of My Blood, My Healing Love on all humanity. I want you to prepare hearts now to open up to My Healing Love in preparation for the

- **Victory of Love** in their own hearts and lives.
- Give all to Me and I will send you the Holy Spirit of Love and Truth to assist each one of you to prepare your own heart and hearts of other people for this wonderful reception of God's Healing Love on all in their life. Amen. Go now to love and serve the Lord. Amen.

(Please tell me more about the Power of Your Blood, my dear Jesus.

Thank You).

- **My Blood, My Healing Love, sometimes called Divine Mercy, was spilt for you on the Cross of Calvary.** The Power of My Blood won for you your **Calvary Inheritance** which I have already outlined for you and which you have grasped with the help of the Holy Spirit and Mary.

In whom you also, after you had heard the word of truth, (the gospel of your salvation;) in whom also believing, you were signed with the Holy Spirit of Promise, Who is the pledge of our inheritance, unto the redemption of acquisition, unto the praise of his glory (Ephesians 1:13-14).

- **Now part of the Calvary Inheritance was the coming of the Holy Spirit Who could not come until I rose from the dead and went back to My Father to beg Him to send you the Holy Spirit of Truth, the Paraclete.**
- So if you like to understand it this way! You could not receive the Power of the Holy Spirit until I had returned to the Father. I had to go through My Passion, Cross and Resurrection, in order to ascend into Heaven and sit at the right hand of My Father, in order to send you the Holy Spirit of Love and Truth Who will teach you all things.

But I tell you the truth: it is expedient to you that I go: for if I go not, the Paraclete will not come to you; but if I go, I will send him to you (John 16:7).

And I will ask the Father, and he shall give you another Paraclete, that he may abide with you forever. The Spirit of Truth, whom the world cannot receive, because it sees him not, nor knows him: but you shall know him; because he shall abide with you, and shall be in you (John 14:16-17).

But when the Paraclete comes, whom I will send you from the Father, the Spirit of Truth, Who proceeds from the Father, he shall give testimony of me (John 15:26).

- **JESUS:** *The coming of the Holy Spirit at Pentecost Sunday was the direct result of My Passion, Death/Cross, Resurrection and Ascension to the Father in Heaven. The Holy Spirit came to you through the powerful intercession of Mary, His Spouse (cf Acts 1:14). That is why it is important to have this on your Rosary Banner.*

All these were persevering with one mind in prayer with the women, and Mary the Mother of Jesus, and with his brethren (Acts 1:14).

- **JESUS:** *When the Holy Spirit came to you at Pentecost, it was the official birthday and beginning of the Church with Peter as its Rock, its Pope, with the Apostles as Bishops under Peter's authority, and with His Priests, also under Peter's authority. You say The Chair of Peter meaning the Rock, the Authority of the Church coming from the Holy Spirit sent by the Father through My Cross and Resurrection.*
- **JESUS:** *The Holy Spirit and I have a conjoint mission with regards to the Church and each person in the Church (cf Catechism of the Catholic Church Nos. 689, 690).*

When the Father sends his Word, he always sends his Breath. In their joint mission, the Son and the Holy Spirit are distinct but inseparable. To be sure, it is Christ who is seen, the visible image of the invisible God, but it is the Spirit who reveals him (Catechism of the Catholic Church no.689).

From that time on, this joint mission will be manifested in the children adopted by the Father in the Body of his Son: the mission of the Spirit of adoption is to unite them to Christ and make them live in him (CCC no.690).

- ***JESUS: The Holy Spirit is the Power of the Cross and also the Power of the Resurrection.*** He was sent by the Father to sanctify, build up and renew the Church in accordance with My teachings in the Gospel. Let the Holy Spirit speak to you now.
- ***HOLY SPIRIT: I am the Power of the Cross sent by the Father as gift to the Church and each one of you.*** I came because of Christ's Cross and Resurrection. As the Gospel of John states, I could not come until Jesus went to the Father after His Ascension into Heaven (cf John 16:7).

But I tell you the truth: it is expedient to you that I go: for if I go not, the Paraclete will not come to you; but if I go, I will send him to you (John 16:7).

- *I was released to you through the wounded Heart of Jesus while He lay dead on the Cross. It was at the precise time that the centurion pierced His Sacred Heart with his lance. Read the Scripture and know that the Blood and Water came out of Jesus' Sacred wounded Heart. This was the release of His Healing Love to you all. This was the precise time I came to the world through My Spouse's Immaculate Heart. But it wasn't until Pentecost that I was sent by the Father to the Church and through the Church to you all who seek Me with open hearts and souls.*

But one of the soldiers with a spear opened his side, and immediately there came out blood and water (John 19:34).

This is he that came by water and blood, Jesus Christ: not by water only, but by water and blood. And it is the Spirit which testifies, that Christ is the truth. And there are three who give testimony in Heaven, the Father, the Word, and the Holy Ghost. And these three are one. And there are three that give testimony on earth: the spirit, and the water, and the blood: and these three are one (1 John 5:6-8 Douay Rheims Bible).

- ***HOLY SPIRIT:*** Now when I say I came to the Church through the Church, I mean to say that I came to you in the Heart of the Church which is the Heart of My Spouse Mary. I came to you through the Heart of the Church which is the Heart of Mary, the Immaculate Conception. I have already told you that I gave My Heart to Mary and her Immaculate Heart is really My Heart in flesh, because she is the

Immaculate Conception. When you surrender to Mary, you are really offering yourself as an oblation to Me, the Holy Spirit, and also to Jesus through Mary, and to the Father through Jesus.

For there is one God, and one mediator of God and men, the man Christ Jesus (1 Timothy 2:5).

Mary, the all-holy ever-virgin Mother of God, is the masterwork of the mission of the Son and the Spirit in the fullness of time (CCC no.721).

In the fullness of time the Holy Spirit completes in Mary all the preparations for Christ's coming among the People of God. By the action of the Holy Spirit in her, the Father gives the world Emmanuel, "God-with-us" (Mt 1:23) (CCC744).

HOLY SPIRIT: *Jesus and I work together in the Church through Mary's Immaculate Heart. Our conjoint mission which began in Mary's Immaculate Heart is carried on in your heart too, if you are her seed through your consecration to Jesus through her Immaculate Heart. Now this is very important for you to understand. Mary is the meeting place of all men, women and children, despite their nationality, race, creed, and beliefs, with God's love. I live in My Spouse's Heart, because she is the Immaculate Conception. I came to you all through her Heart which is the meeting place, the very Heart of the Church at Pentecost, because of her prayerful and loving intercession.*
(26th April 2003)

HOLY SPIRIT: *Mary's Immaculate Heart is really My Heart in flesh because she is the Immaculate Conception. Mary never sinned. She was saved and preserved from sin because of the very special gift of her Immaculate Conception (cf Luke 1:28 "full of grace"). But she chose love at every turn. She chose to be faithful and obedient to the Word of God. She chose goodness over every kind of evil. She was completely selfless and forgiving.*

Mary has been called the Second Eve and the New Eve. Mary, My Spouse, completely undid the first Eve's disobedience through her obedience to God's will. Mary the Immaculate One brought the Word of God from Heaven through her fiat to God's will (Luke 1:38). Note her readiness to comply with God's will. Note her faithfulness, obedience and mercy she

showed towards all of you, her children in the order of grace (cf Lumen Gentium nos. 61, 62)! Mary's courage and selflessness were also evident at Cana (cf John 2:5), when she again offered Jesus, the Word of God, to the world.

Let the very words that she spoke to the servants at the marriage feast of Cana, "Do whatever he tells you (John 2:5), be a seal on our Exhortation and a further reason in favour of the pastoral value of devotion to the Blessed Virgin as a means of leading men to Christ. Those words, which at first sight were limited to the desire to remedy an embarrassment at the feast, are seen in the context of Saint John's Gospel to reecho the words used by the people of Israel to give approval to the Covenant at Sinai (Ex 19:8, 24:3,7; Dt 5:27) and to renew their commitments (cf Jos 24:24; Esd 10:12; Neh 5:12). And they are the words which harmonize wonderfully with those spoken by the Father at the theophany on Mount Tabor "Listen to him" (Mt 17:5) (Marialis Cultus no.57).

And again on Calvary when Mary stood at the foot of the Cross and comforted her Son, assisted her Son, with her own tears and Passion at the foot of the Cross (cf John 19:25-27). Mary was completely selfless and gave her life in conjunction with Jesus' death on the Cross.

Mary calls her children to imitate her by being with her at the foot of the Cross as CoRedeemer; that is, to be with Jesus at the foot of the Cross with her! To unite your life, death and sufferings at the foot of the Cross with hers in order to comfort Jesus! To intercede for all souls while you unite your prayers with hers at the foot of the Cross! Mary keeps nothing for herself. She gives all to her Son Jesus, and to the Father through Jesus in the power of the Holy Spirit.

What is given to the handmaid is referred to the Lord; thus what is given to the Mother redounds to the Son; ... and thus what is given as humble tribute to the Queen becomes honour rendered to the King (Marialis Cultus no.25).

JESUS' SUFFERING – OUR SUFFERING

(cf The Promise of Heaven, Denise Kelly, 2003, pages 3-4).

Told to me by a faithful Priest of almost fifty years – with permission.

*This holy Priest was my first Spiritual Director;
he also belonged to a Religious Order, but it was a different one
from my Second Spiritual Director's Religious Order.*

PRIEST: The greatest thing that can be said about Christ's suffering is that it effected our Redemption. *Christ had taught, preached and worked miracles, but when the crucial hour of redemption came, **it was suffering which was the key that opened for us the gates of Heaven.** **It was the proof of Jesus' love for us:** "I have a baptism to be baptized with and how distressed I am until it is accomplished" (Luke 12:50).*

We will reflect on the mystery of suffering. *As we know, death is a punishment for sin, the punishment given to Adam and Eve when they were expelled from the Garden. The consequence of their sin of disobedience was not only death, but pain and suffering, even in the need to produce food to sustain life: "accursed be the soil because of you, painfully will you get your food from it, as long as you live" (Gen. 3:17).*

There are three things to remember about suffering;

- 1. firstly, it is necessity;**
- 2. secondly, without God, we cannot bear it joyfully;**
- 3. thirdly, eventually it will end.**

By suffering, we do not mean only of invalids and the infirm, but every contradiction, disappointment and sorrow that our days bring.

St. Louis de Montfort tells us that the best way to

Suffer joyfully is to be consecrated to Mary. *"The most faithful servants of the Blessed Virgin being also her favourites, receive from her the greatest graces and favours from Heaven, which are crosses. But it is also the servants of Mary who carry these crosses with more ease, more merit and more glory". De Montfort told his followers never to deliberately bring crosses upon themselves, but rather, to accept whatever God sends, which often are the greatest crosses of all.*

St. Frances de Sales explains how our crosses are individually tailored for each one of us. “Your cross, the everlasting God in his wisdom, has foreseen from eternity, the cross that He now presents to you, a gift from his inmost Heart. This cross He now sends you, He has considered with His wise justice, warmed with His loving arms and weighed with his own hands, to see that it be not one inch too large and not one ounce too heavy for you. He has blessed it with His Holy Name, anointed it with His grace, taken one last glance at you and your courage, and then sent it from Heaven to you”.

St Francis de Sales goes on to tell that during our big crosses, our Lord literally carries us in His arms like a child; the small ones, we walk alone. Lastly God never sends suffering for just suffering’s sake. It is a medicine, a means, but never the end. God is the end. Suffering burns away everything that hinders our path to Him.

A final reflection is truly a consoling one – namely, that God speaks to us and is never nearer to us than in our suffering. What does He tell us? He speaks words of encouragement: “Come to Me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light” (Mathew 11:28-30).

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**Mary is my Mother, so dear and true to me,
that I can rely on her and trust her
in every matter, every day of my life.**

(My Spiritual Director and I had been discussing the repetition in this book **The Promise of Heaven** I asked our Blessed Mother about it and she replied,

‘If you like, you can refer to the repetition and say:’)

MARY: When little children are learning the secrets of the Most High, it is highly desirable that they allow their hearts to open wide to the Word of God and the Breath of God.

- **In order to instill in your mind the secrets of God’s love and your duties towards His love, it is necessary to sit with me on my lap, in the power of the Blood of Jesus and in His Holy Spirit’s flame of**

love, and develop within you thea correct attitudes towards your lifestyle lived in the arms of your Jesus Christ.

- **In order to develop these concepts regarding love and how it works in your life, it is necessary for you to develop within your lifestyle these habits of prayerful surrender to me as your Mother.**
- **Namely:**
- (1) **THE SURRENDER AND CONSECRATION PRAYER** the 8 step plan given to you by Joseph! (cf **Joseph's Little Book of Prayer**, Denise Kelly. 2007, pages 10-22).
- (2) And secondly **THE HEALING HOUR** which is God's simple plan of two half-hours of meditative prayer every day, morning and night, as you sit on my lap, bonded by the Holy Spirit, while you open up your heart and mind, soul and spirit to your Saviour Jesus Christ. (cf **Joseph's Little Book of Prayer**, Denise Kelly. 2007, pages 33-52).
- In this way you will develop within your heart the desire to love your God with your whole heart and soul, mind and entire being, and love your neighbour as yourself with the help of the two gardeners of your soul, the Holy Spirit and myself. (cf Luke 10:27). So come to me in a spirit of surrender, and love Jesus in the Holy Spirit's flame of love issuing forth from my Immaculate Heart! Do all for love and for the glory of our Heavenly Father, my little one. Amen. Go now to love and serve the Lord. Amen.

DEO GRATIAS

AVE MARIA

COME HOLY SPIRIT!

IN THE NAME OF JESUS, BE HEALED!

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